

WHAT TO FEED TO THE BABIES

STATE GIVES HINTS REGARDING SCIENTIFIC FEEDING OF INFANTS.

The rural mother, far from the advice of a physician or nurse, especially the young rural mother who has not yet learned by experience what a baby needs, is often at a loss how to give her child the right food. There was a time when it was assumed that the feeding of the child would take care of itself and that the time of feeding and the kind of food given was of minor importance. But the high death rate among children shows that most scrupulous care is necessary in this respect, and mothers in Michigan are as anxious to give their little ones the best possible care as are their city sisters.

To help them in this the Michigan Tuberculosis Association is presenting the following scientifically worked out schedule of feeding that rural mothers can adopt:

Babies at nine months of age—6 a. m., breast feeding; 10 a. m., cooked cereal, toast, broth and breast feeding; 2 p. m., vegetable (spinach or carrots), baked potato, apple sauce or baked apple; 6 p. m., cooked cereal, toast, broth and breast feeding; 10 p. m., breast feeding.

Babies at ten months of age—After the tenth month, depending somewhat on the time and how the baby is taking the solid food, the 10 p. m. breast feeding may be dropped, and shortly after, eight ounces of cows' milk (boiled one minute) may be substituted for the other breast feedings.

Babies one to two years old—7:30 a. m., cooked cereal, toast, fruit, eight ounces boiled milk; 12:30 p. m., mashed potato or rice, vegetable pulp, toast and broth; 5:30 p. m., cooked cereal, toast, fruit sauce, eight ounces boiled milk.

After ten months the vegetable fruit and cereal diet may be varied by using such things as spinach, carrots, peas, string beans, baked potato, asparagus, Swiss chard, cauliflower, celery (all cooked); apples, prunes, ripe bananas, apricots, pears, peaches, plums, (all cooked); farina, sage, rice, oatmeal, or any other cereal (all cooked).

EXPRESSES THANKS

Envoy (Miss) E. Pauline Swartz of The Salvation Army Central Territory Headquarters, Chicago, desires to express her thanks to The Record and also to Mayor Murphy and to many others for their kindnesses towards her while in Alma. Also she takes this opportunity to thank all the community for its generous, sympathetic support of the local Salvation Army Corps in its great relief and other work.

To Drill Hole in Glass

An experienced glass cutter says that the sharp corner of a freshly broken point of a file is one of the best drilling tools for making small holes in glass. Keep the drill wet with turpentine while using. Another method for making holes in glass similar in thickness to that of window pane is as follows: First make a hole of the desired size in a piece of wood. Fasten it with beeswax upon the glass. Then pour hot lead into the opening. The hot lead will melt a hole through the glass.

Man With Horns

"A native with horns like those of a springbok, has been brought here from the Rand," writes a Johannesburg correspondent of London Times. "The horns began to develop when he was nine years of age, and, despite frequent cutting, continue to grow. In every other respect the man is normal. It is highly probable, in view of the medical interest in the case, that he will be sent to Europe."

Helium in Balloons

Helium is an inert, monatomic, gaseous element occurring in the atmosphere of the sun and stars and in small quantities in the earth's atmosphere. In several minerals and certain mineral waters. It is used to inflate balloons, because it is a noninflammable, nonexplosive gas, sufficiently light to function as does hydrogen.

Phrase First Used by Seward

"The Higher Law" was an expression first used by the Hon. William H. Seward (1801-1872). In his speech in the United States senate on March 11, 1850, on the question of admitting California into the Union. As employed by him on that occasion, the phrase denoted a law higher than the Constitution, viz., a law of God.—Exchange.

Great Fish Country

The leading industry of Canada is fishing. The value of the annual catch amounts to about \$50,000,000 and it employs 100,000 workers.

"I NEVER KNEW YOU COULD KEEP RATS OUT OF A BUTCHER SHOP"

What Ralph Watkins says: "Figured rats around store had enough to feed on; wouldn't touch anything suspicious. Heard about RAT-SNAP, gave it a trial. Results were wonderful. Cleaned all rats out in ten days. Dogs about store night and day never touch RAT-SNAP." Three sizes, 35c, 65c, \$1.25. Sold and guaranteed by C. R. Murphy and Winslow Bros. Drug Stores.—advertisement

Coming—Charlie Chaplin in "The Idle Class."—advertisement.

Local Happenings Tersely Told

You will find the best bread in Butter Cup wrappers 02 tfe Coming—DeMille's "Fool's Paradise"—advertisement.

Ashley Price of Durand spent Sunday with relatives in this city.

For your Easter Candy Specialties, The DeLuxe—advertisement—46-2w.

Sheriff Alfred T. Willert of Ithaca was in the city on business yesterday.

Dr. E. G. Sluyter, osteopathic physician, State Savings Bank Building, Alma, both phones. 57-tf

Have your feed ground at the Alma Elevator Co., 208 Woodworth—advertisement 31tf.

C. A. Wright of Ithaca, county Sunday school superintendent, was in the city on business Friday.

James G. Kress of Ithaca, judge of probate, was in the city for a few hours on business Monday.

Get a new desk blotter at the Record office. Colors buff, blue and green. Price 10.—advertisement.

Mrs. Romaine Clark of Ithaca visited at the home of her parents, Mr. and Mrs. William Strong, Monday.

Why mope around, half sick and listless when health and strength are yours for the asking? Take Tanlac. Look-Puterson Drug Co.—advertisement.

Lester Allen has returned to M. A. C. at East Lansing after spending the spring vacation in Alma, a guest at the home of his parents, Mr. and Mrs. Jotham Allen.

The Fortnightly Society of the Presbyterian Church will meet Tuesday afternoon, April 11, at 3 o'clock, at the home of Mrs. Roy Hamilton, West Center street.

Joseph Sawkins has so far recovered from his recent operation that he is able to be out again, although he will not be able to return to work at the store for some time yet.

Justin Cash, who has been visiting at the home of his parents, Mr. and Mrs. V. P. Cash, during the spring vacation, has returned to East Lansing to resume his work at M. A. C.

H. L. Devey of the Republic Motor Truck Company Inc. left the first of the week on an extended business trip through the west in the interests of the sales department of the company.

Mr. and Mrs. J. L. Miller leave this week for an extended trip through the western states. They expect to be gone for several months, and will visit at numerous points of interest.

The Ladies' Union of the Baptist Church will serve a chicken supper in the basement of the church Friday, April 7, 5 to 7 o'clock or until all are served. Price 50 cents.—advertisement—45-2v.

Eighteen Barracks and their wives and friends of the Baptist church enjoyed a sumptuous pot luck supper and a pleasant social time at the home of Mr. and Mrs. C. J. Hainline last Friday evening.

Frank Notestein has returned to Wooster, Ohio, to resume his work at Wooster University after having spent the spring vacation in Alma, a guest at the home of his parents, Mr. and Mrs. F. N. Notestein.

A. H. Lowry, representative of the Board of State Tax Commissioners, is in the city looking up land contracts, which have not yet paid a specific tax of fifty cents per hundred dollars of indebtedness secured by the contract.

A petition was submitted to the City Commission Tuesday evening asking that a crosswalk be constructed across Cedar avenue on the north side of Mechanic street. It also asked that a street light be located at that corner.

If you're looking for an Easter gift you'll find it at the Baptist bazaar to be held Saturday, April 15, in the building formerly occupied by the Wilcox newsstand. Fancy work, baked goods, candy and cut flowers will be held your attention. Tea served while you wait.—advertisement, 46-2t

Professors Hamilton, MacCurdy, Ditto and West, who attended the meetings of the Schoolmasters' Club at Ann Arbor, last week, returned home Saturday evening. Professor Roy Hamilton was chairman of the English section. Professor MacCurdy gave an address before the club at one of the sessions.

Professor Rueckert will give a special address to men and boys at a special service to be held at the M. E. Church Sunday afternoon at 3 o'clock. Professor Rueckert, who has been leading the singing at the evangelistic services at the church, has also been giving some highly interesting addresses. Last Sunday he spoke to a large number of ladies at a special meeting.

DECISION AFFIRMED

The Michigan Supreme Court has handed down a decision affirming the conviction of A. F. Crawford of Breckenridge, former cashier of the First State Bank of that city, who was convicted in circuit court last June on a charge of embezzlement of the funds of the bank.

Because of the standing of Mr. Crawford for a quarter of a century in Gratiot county, the case attracted wide attention.

The expectation is that Crawford will be called into court in the very near future for sentence.

ANNOUNCEMENT

We wish to announce that we have taken over the business of Thorpe & Stahl, General Contractors and Builders, who were the successors of Henry Soue, contractor, and that the new company will be known as Stahl & Oswald, St. Louis and Alma. We are now ready for business and solicit your patronage.

Doren Stahl, St. Louis, 46-1p
Guy Oswald, Alma.

EAST ALMA

Mr. and Mrs. Wellington H. Jewell of Highland avenue, who have been spending the winter in Florida, have returned home to Alma.

Mr. and Mrs. Murray of Pleasant avenue are the proud parents of a baby boy, born to them last week.

Miss Ruth Grierson entertained her Sunday school class, at her home on Grove avenue, Monday afternoon. After a program of games which the girls enjoyed immensely, refreshments were served. Those present were Beryl Baird, Arlene Buchanan, Grace Dickens, Helen Garner, Crystal Kelly, Lois LeRue, Viola Sawvel, Sarah Smith, and Doris Whitney.

The infant child of Mr. and Mrs. Howard Peska, Bridge avenue, was buried last week.

An educational moving picture film, showing a travelogue to New York city, will be given at Eastminster chapel Sunday evening at 7 p. m. The male quartette of the First Presbyterian church will sing several pieces of sacred song during the evening. The service will begin promptly at seven o'clock.

The Parent-Teachers' club will meet in Republic school Wednesday evening, April 12, at 7:30 p. m. An interesting program is being prepared.

Mrs. Firm J. Wagner, who has been spending some days with her sister at St. Louis, has returned to her home on Michigan avenue.

Walter Martin of Eastward street has gone to Chicago, Ill., where he has accepted a position with an engineering firm.

Eastminster chapel Sunday school opens at 10:30 a. m. Morning worship and sermon by Rev. J. M. Gelston, D. D., is at 11:30. Junior C. E. meets at 3 p. m. and the Senior C. E. society is at 6 p. m. The motion picture film will be shown at the evening service promptly at 7 p. m.

The Ed. Bush family of Short street has been spending the winter in Petoskey.

John McIntyre, Michigan avenue, is busy in behalf of the sugar factory, among the farmers in the surrounding country, writing contracts for sugar beets.

Genius Composed in Bed

The composer Rossini's eccentricity took the form of laziness. He composed much of his music in bed.

Coming—"Robinson Crusoe"—advertisement.

The Story of Our States

By JONATHAN BRACE
XIII.—RHODE ISLAND



RHODE ISLAND is not really the name of this state. As can be seen from the state seal, the official name is the "State of Rhode Island and Providence Plantations." It originated from two distinct settlements. The first was made by Roger Williams in 1639. He was the pastor of a church in Salem. As he advocated radical reforms he was ordered to return to England, but fled to the Narragansett tribe of Indians. From them he obtained a tract of land and called the town which he established Providence, in token of God's mercy which had so far provided for him.

About the same time Mrs. Anne Hutchinson and her followers were expelled from Massachusetts on account of a theological dispute. She made her way to the island of Aquidneck, which she purchased from the Indians for 40 fathoms of white wampum, 20 hoes and 10 cents. The name of this island was changed to the Isle of Rhodes, probably after the famous Greek island in the Mediterranean. By common usage it became known as Rhode Island. In 1692 Charles II gave Rhode Island a very liberal charter, and this remained in force until 1841, when a new state constitution was adopted by mass conventions, and two years later another new constitution was legally voted. The change in constitutions caused what was known as Dorr's rebellion.

The entrance of Rhode Island into the Union in 1790 completed the list of the original thirteen states. Though Rhode Island is the smallest of all the states, with only 1,248 square miles, it is very thickly populated and has five presidential electors, which is more than those of a number of states of much larger territory.

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OBITUARY

Mrs. Harry Walston, nee Isabelle Irene Mosher, was born in Ionia Co., Michigan, Dec. 15, 1871, and passed on, Friday morning, March 31st, at her home near Alma after a short illness of only two days, apoplexy being the cause. She was married on Nov. 25, 1896, in Carson City to Harry Walston. She has lived near Alma for fifteen years. She leaves to mourn their loss her husband, one son, Lester, and her mother, Mrs. Malissa Mosher beside many friends. She was a member of the Ancient Order of Gleaners, Best Arbor, and will be greatly missed by all who knew her.

The funeral services were held from the home Monday, April 3, at 2:00 o'clock, with Christian Science services. Interment was made in Riverside cemetery.

BE A NUBONE LADY

Wear a corset that stands for quality, comfort and economy. Let me show them to you.

Nubone Corsetiere

699 Woodworth Ave.
Phone 407 Alma, Mich.

Here they are:

The Big Four in Quality Groceries—
Chef Canned Fruit and Vegetables
Chase & Sanborn's Teas and Coffee
Swift's Premium Hams and Bacon
Heinz Table Condiments

Specials for Saturday Only

Sweet Potatoes, per lb.	5c
Chef Cocoa, quart jars	19c
10 Bars P & G Soap	49c
10 Bars Kirk's Flake White Soap	49c

Eichenberg & Company

"Quality—Service—Cleanliness"

SPRING IS HERE— and Summer is not far off

It is time to consider new footwear. Your new outfit must be harmonious in colors.

Patent Oxfords for early spring wear. Welt shoes and medium heels. We show a great variety. Come early for first choice.



Extra Special for Saturday & Monday:

100 Pairs Ladies' Hi-Heel Pat. Oxfords, regular \$10. quality—**\$2.29** The Pair

The Economy Shoe Store

The Home of Good Shoes

SEE WHAT'S HERE!

Baby Chick
Insurance Mash

Kookoo Starter Mash

Kookoo Egg Mash

Meat Scrap, Oyster Shells

FOR YOUR POULTRY

Digestible Tankage for Hogs

Grimm Alfalfa Seed

FOR SPRING SEEDING

Hydrated Agricultural Lime

is a good insurance on Alfalfa Seeding

ALL IN STOCK AT

Alma Roller Mills

ENJOY HEALTH!

You may find health in

Spinal Adjustments

They correct the CAUSE. Nature alone can heal. Consultation does not obligate you. Call personally or telephone 213 for appointment.

We know Chiropractic is right

We don't accept your case unless we can help you.

"THAT CHIROPRACTOR SMITH"

GRACE A. SMITH, D. C.
Assistant

Hours 10 to 12 A. M., 2:00 to 4:30 and 7 to 8 P. M.
ROOMS 11-12-14 POLLASKY BLOCK

Elite Dressmaking and Millinery Parlors

Mrs. DeWitt Vought and Miss Iva Spaulding will open Dressmaking and Millinery Parlors over G. V. Wright's Furniture Store in rooms formerly occupied by Dr. Carney.

Mrs. Vought, for the past six years at the head of the D. W. Robinson Alteration Department, (in which work she will continue) will have charge of Dressmaking Plain and fancy. Alterations, Children's Clothing, Coats and Jackets re-lined, fancy Lingerie and Blouses, Ladies' Tailoring a specialty.

Miss Spaulding, who for the past three years has operated Millinery Parlors at her home on Prospect avenue, will have charge of the Millinery Department. Miss Spaulding has just returned from the east with the latest creations in up-to-date Millinery.

Opening Day April 12